



Bourton on the Water Youth Club – April and May 2018

SUMMARY (from Gemma – Project Manager):

This half term began with an outing on the Wednesday instead of a session on the Monday. This was an outing to X-Jump (formerly Jumptastic) in Cheltenham. The young people and the leaders had a great evening bouncing around on the massive trampoline park.

The next session the young people enjoyed arts and crafts, with hot dogs and time spent at the park. This gave the young people the chance to have a clam session enjoying the outside space now the evenings are getting lighter.

This session was followed by a session of pizza making and slime. Slime is a session often requested by the young people. For this session the young people mixed all sorts of colours and tactile objects into slime, which in Blue Peter fashion had been made earlier!! Pizza making is always a popular activity and by making pizzas from pitta breads it shows the young people how to make a quick, nutritious and filling meal from things they may have around the house.

Following the bank holiday, the young people had a smoothie making session where they were encouraged to try new food by mixing them with fruit they know they like in a smoothie. This activity also promotes health eating and opens up discussions about balanced diet and active lifestyles.

For the last session of the half term the young people had requested free play in the park. As the weather was nice it seemed a shame not to. A relaxed session was enjoyed by all and a great way to wind down at the end of the half term ready for a week off.

THIS MONTH'S SESSIONS:

18th April: Trip to X-Jump
12 young people

23rd April: Juniors: 11
Seniors: 5

30th April: Juniors: 12
: Seniors: 5

7th May: Bank holiday
No club

14th May: Juniors: 10
Seniors: 0

21st May: Juniors: 14
Seniors: 5

STAFF IN OUR SESSIONS:

Lyam Galpin
Paula Burrell
Elisha Embrey
Jo Kellett

ACTIVITY IN SESSIONS:

- Arts and crafts
- Hot dogs
- Fruit smoothies
- Free play outside
- Slime
- Pizza making

COMING UP:

A Mexican themed food tasting session is being organised for the first session back after the half term.

We will be looking at promoting the youth club in the local community and local press in the coming months to let the residents of Bourton on the water know what is being provided for the young people by the parish council

